Wellman Original

Category

Vitamins, Minerals and Nutritionals

Manufacturer

VITABIOTICS LTD

Pack size

30

RRP

£8.55

Legal Status

Uses

Format and Ingredients and %NRV

Tablet containing:

Beta-carotene 2mg, PABA 20mg, Citrus Bioflavonoids 10mg, CoEnzyme Q10 2mg, L-Carnitine 30mg, Silicon 10mg, L-Arginine 20mg, L-Methionine 20mg, Vitamin A (2500 IU) 750µg RE 94, Vitamin D (as D3 400 IU) 10µg 200, Vitamin E 20mg ?-TE 167, Vitamin C 60mg 75, Thiamine (vitamin B1) 12mg 1091, Riboflavin (vitamin B2) 5mg 357, Niacin (vitamin B3) 20mg NE 125, Vitamin B6 9mg 643, Folic Acid 400µg 200, Vitamin B12 9µg 360, Biotin 50µg 100, Pantothenic Acid 10mg 167, Iron 6mg 43, Magnesium 60mg 16, Zinc 15mg 150, Iodine 150µg 100, Manganese 3mg 150, Copper 1000µg 100, Chromium 50µg 125, Selenium 150µg 273, Siberian Ginseng Extract equivalent to 20mg,

Dosage

Adults: 1 tablet per day with a main meal.

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