

Nytol Herbal Simply Sleep & Calm Elixir

Uses

A traditional herbal medicinal product used for the temporary relief of symptoms of mild anxiety and to aid sleep based on traditional use only.

Dosage

18 years and over: to aid sleep: two 5ml spoonfuls 30 minutes before bedtime. Maximum daily dose 4 single doses.
Under 18 years: not recommended.

Format and Ingredients

Elixir containing in 5ml:
Dried Valerian Root Tincture 1.5ml,

Category:
Sleep, stress & anxiety

Manufacturer:
PERRIGO

Pack size: 100ml

RRP: £6.49

Legal Status:

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