



## B-Complex Tablets

### Uses

### Dosage

Adults: 1 tablet daily after a meal.

### Format and Ingredients

Tablet containing:

Vitamin B1 (thiamine) 3.75mg 341, Vitamin B2 (Riboflavin) 4.2mg 300, Niacin (Vitamin B3) 48mg 300, Vitamin B6 4.2mg 300, Vitamin B12 2.5mcg 100, Folic Acid 200mcg 100, Pantothenic Acid 18mg 300, Biotin 50mcg 100, Inositol 10mg, Choline Salicylate 20mg,

**Category:**  
Food supplements

**Manufacturer:**  
SKY PREMIUM LIFE

**Pack size:** 60

**RRP:** £7.99

**Legal Status:**