

# Premium Male Tablets



**Category**  
Vitamins, Minerals and  
Nutritionals  
**Manufacturer**  
SKY PREMIUM LIFE  
**Pack size**  
60  
**RRP**  
£7.99  
**Legal Status**



## Uses



## Format and Ingredients and %NRV

Tablet containing:

Vitamin A 800mcg RE 100, Vitamin D3 (cholecalciferol) 10mcg 200, Vitamin E 12.06mg 101, Thiamine Hydrochloride 1.6mg 145, Riboflavin (vitamin B2) 2.1mg 150, Niacin (vitamin B3) 20mg NE 125, Pyridoxine Hydrochloride (vitamin B6) 3mg 214, Ascorbic Acid 80mg 100, Vitamin B12 (cyanocobalamine) 2mcg 80, Pantothenic Acid 7.5mg 125, Folic Acid 200mcg 100, Vitamin K 30mcg 40, Biotin 62mcg 124, Molybdenum 50mcg 100, Chromium 40mcg 100, Manganese 2mg 100, Copper 500mcg 50, Zinc citrate 15mg 150, Iron 4.2mg 30, Selenium 55mcg 100, Iodine 150mcg 100, CoEnzyme Q10 20mg,



## Dosage

Adult men: 1 tablet daily after a meal.