

# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants





# Nicotinell 24 Hour Nicotine Patch Step 1

#### **Uses**

Relief of and/or prevention of cravings and nicotine withdrawal symptoms associated with tobacco dependence. To aid smokers wishing to quit or reduce prior to quitting. To assist smokers who are unwilling or unable to smoke, and as a safer alternative to smoking for smokers and those around them. Can be used in pregnant and lactating women making a quit attempt. Should preferably be used in conjunction with a behavioural support programme.

### Dosage

Adults and adolescents (12-18 years): for those smoking 20 plus cigarettes per day, initially 1 TTS30 (step 1) patch daily. Less that 20 cigarettes per day: initially 1 TTS20 (step 2) patch daily. Reduce patch size at intervals of 3-4 weeks. Maximum treatment period 3 months. Medical advice should be sought for use in adolescents beyond 12 weeks. TTS 30sq cm/average absorption 21mg/24 hours. TTS20sq cm/average absorption 14mg/24 hours. TTS10sq cm/average absorption 7mg/24 hours.

## Format and Ingredients

Round, yellowish-ochre coloured self-adhesive patch containing per sq cm: Nicotine 1.75mg,

Category:

**Smoking Cessation** 

Manufacturer:

**Pack size:** TTS10 7, TTS20 7, TTS30 7, TTS30 21

RRP: £14.29, £14.74,





