Nicorette Microtab

Uses

For the relief of nicotine withdrawal symptoms as an aid to smoking cessation. It is also indicated in pregnant and lactating women. In smokers currently unable or not ready to stop smoking abruptly, may be used as part of a programme to reduce smoking prior to stopping completely.

Dosage

Abrupt cessation: Adults (18 years and over): the initial dose is based on the individual`s nicotine dependence. The tablet is used sublingually with a recommended dose of 1 tablet per hour or, for heavy smokers (smoking more than 20 cigarettes per day), 2 tablets per hour. Increasing to 2 tablets per hour may be considered for patients who fail to stop smoking with the one-tablet-per-hour regimen or for those whose nicotine withdrawal symptoms remain so strong as to foresee a relapse. Most smokers require 8 to 12 or 16 to 24 tablets per day, not to exceed 40 tablets. Duration of treatment is individual but up to 3 months is recommended. The nicotine dose should then be gradually reduced, by decreasing the total number of tablets used per day. The treatment should be stopped when the daily consumption is down to 1 or 2 tablets. Adolescents (12-18 year olds): as adult dosage, but treatment should be used for 8 weeks before gradually reducing over 4 weeks. Smoking reduction: use the microtab between smoking episodes to manage the urge to smoke. Adults (18 years and over): a quit attempt should be made when the smoker feels ready but within 6 months. Adolescents (12-18 year olds): only after consulting a healthcare professional. Under 12 years: not to be used.

Format and Ingredients

Sublingual tablet containing:
Nicotine 2mg,

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