

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Maximum Strength Capsules



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
60
RRP
£10.00
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil 1250mg, DHA 313mg, Vitamin D 10µg 200, providing
Omega-3 Nutrients 1063mg, of which EPA 688mg,



Dosage

Over 12 years: 1 capsule a day with a glass of cold water.