

Seven Seas Omega-3 Max Strength



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
30
RRP
£16.99
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil Concentrate 1250mg, providing Omega-3 Nutrients 1063mg, of which EPA 688mg, DHA 313mg, Vitamin D 10µg 200,



Dosage

Over 12 years: For heart, brain, vision and immune system benefits:1 capsule daily with a glass of cold water. For blood pressure benefits: 3 capsules daily with a glass of cold water.