



Kalms Day

Uses

A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, based on traditional use only.

Dosage

Over 18 years: 2 tablets 3 times a day with water after meals. Maximum daily dose is 6 tablets. Under 18 years: not suitable.

Format and Ingredients

Sugar coated tablet containing:
Valerian Root Extract (Valeriana officinalis L.) 26mg,

Category:
Sleep and Travel

Manufacturer:
G R LANE HEALTH PRODUCTS
LTD

Pack size: 96, 168

RRP: £6.99, £9.39

Legal Status: (GSL), (GSL)