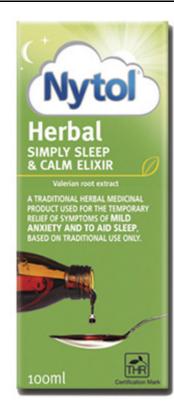
## Nytol Herbal Simply Sleep & Calm Elixir



### Category

Sleep and Travel Manufacturer

**PERRIGO** 

Pack size

100ml

RRP

£7.49 **Legal Status** 



A traditional herbal medicinal product used for the temporary relief of symptoms of mild anxiety and to aid sleep based on traditional use only.



# Format and Ingredients

Elixir containing in 5ml:

Dried Valerian Root Tincture 1.5ml,



## Dosage

18 years and over: to aid sleep: two 5ml spoonfuls 30 minutes before bedtime. Maximum daily dose 4 single doses. Under 18 years: not recommended.

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