

Vicks First Defence Nasal Spray



Category
Cough, Colds and Sore
Throat
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
15ml
RRP
£7.65
Legal Status
MD



Uses

Traps, inactivates and helps body naturally remove the cold virus, before it develops into a full blown cold.



Format and Ingredients

Nasal spray for nasal irrigation



Dosage

Over 12 years: use at the first signs of a cold. Apply 2-3 sprays per nostril, without tilting the head, up to 4 times a day. Allow 4 hours between applications. Avoid inhaling deeply.
Under 12 years: not suitable for use.