



Berocca Mind Effervescent Tablets

Uses

Available in Berry and Citrus flavours.

Dosage

18 years and over: 1 tablet daily dissolved in a glass of water. Do not exceed the recommended daily dose of 1 tablet. Not recommended during pregnancy or breastfeeding.

Format and Ingredients

Per effervescent tablet:

Vitamin B1 (thiamine) 1.4mg 127, Vitamin B2 (Riboflavin) 1.6mg 114, Niacin (Vitamin B3) 18mg NE 113, Pantothenic Acid (vitamin B5) 6mg 100, Vitamin B6 2mg 143, Biotin (vitamin B7) 150µg 300, Folic Acid (vitamin B9) 200µg 100, Vitamin B12 2.5µg 100, Vitamin C 60mg 75, Magnesium 135mg 36, Zinc 4.6mg 46, Iron 12mg 86, Spanish Sage essential oil (*Salvia officinalis* subsp. *Lavandulifolia*) 25µl,

Category:
Vitamins, Minerals and Nutritionals

Manufacturer:
BAYER PLC

Pack size: 15

RRP: £9.99

Legal Status: