

Seven Seas Jointcare Max



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
30 tablets + 30 capsules
RRP
£22.00
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil 615mg, providing Omega-3 Nutrients 356mg, of which EPA, and DHA 312mg, Fish Collagen 84mg, Vitamin D 10µg 200, Vitamin C 20mg 25, Tablet containing:Glucosamine Sulphate 2KCI 1500mg,



Dosage

12 years and over: 1 capsule and 1 tablet a day with a cold drink.