

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Gelatine Free High Strength Capsules



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
60, 120
RRP
£8.00, £12.00
Legal Status
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Uses



Format and Ingredients and %NRV

Capsule containing:

Cod Liver Oil 266mg, Fish Oil Concentrate 263mg, Omega-3
Nutrients 193mg, of which EPA 92mg, DHA 68mg, Vitamin D
10µg 200, Vitamin E 10mg ?-TE 83,



Dosage

Over 12 years: 1 capsule a day with a glass of cold water.