

Seven Seas Omega-3



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
30
RRP
£7.99
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Vitamin D 10µg 200, Vitamin E 2mg ?-TE 17, Fish Oil 500mg,
DHA 100mg, providing Omega-3 Nutrients 300mg, of which
EPA 150mg,



Dosage

12 years and over: 1 capsule a day with a glass of water.