



## Berocca Immuno Effervescent Tablets



### Uses

### Dosage

12 years and over: 1 tablet a day dissolved in a glass of water. Do not exceed the recommended daily dose of 1 tablet. Not suitable for people with iron absorption or kidney problems, or for pregnant or breastfeeding women. Under 12 years: not recommended.

### Format and Ingredients

Per effervescent tablet:

Vitamin C 1000mg 87.5, Vitamin A 700µg RE 200, Vitamin D 10µg 375, Vitamin E 45mg  $\alpha$ -TE 464, Vitamin B6 6.5mg 200, Vitamin B12 9.6µg 384, Folic Acid (vitamin B9) 400µg 1250, Zinc 10mg 36, Iron 5mg 90, Copper 0.9mg 100, Selenium 110µg 200,

**Category:**  
Vitamins, Minerals and Nutritional

**Manufacturer:**  
BAYER PLC

**Pack size:** 15, 30

**RRP:** £8.99, £15.59

**Legal Status:** ,