

Seven Seas Trying for a Baby



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
28
RRP
£6.00
Legal Status



Uses



Format and Ingredients and %NRV

Tablet containing: %NRV

Vitamin D 5µg 100, Vitamin B6 1.4mg 100, Folic Acid 400µg 200, Vitamin B12 1.5µg 60, Biotin 50µg 100, Iron 14mg 100, Zinc 10mg 100, Selenium 55µg 100,



Dosage

Women trying for a baby: 1 mini tablet a day with a glass of cold water. Best taken with food.