# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants





## Kalms Lavender One-A-Day

#### Uses

A traditional herbal medicinal product used for the temporary relief of the symptoms of mild anxiety such as stress and nervousness, based on traditional use only. Under 18 years: not suitable.

#### Dosage

18 years and over: 1 capsule daily with water. Under 18 years: not suitable.

### Format and Ingredients

Soft capsule containing: Lavender oil (Lavandula angustifolia Miller, aetheroleum) 80mg,

Category: Sleep and Travel

Manufacturer: G R LANE HEALTH PRODUCTS LTD Pack size: 14

**RRP:** £8.49

Legal Status: (GSL)



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