

Nytol Herbal Simply Sleep & Calm Elixir

Uses

A traditional herbal medicinal product for use in the temporary relief of symptoms of mild anxiety and to aid sleep in adults, exclusively based on long-standing use as a traditional remedy.

Dosage

18 years and over: two 5ml spoonfuls 30 minutes before bedtime. Maximum daily dose: 4 single doses. Under 18 years: not suitable.

Format and Ingredients

Elixir containing in 5ml:
Dried Valerian Root Tincture 1.5ml,

Category:
Sleep, stress & anxiety

Manufacturer:
PERRIGO

Pack size: 100ml

RRP: £7.49

Legal Status:

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Linen Hall, 162-168 Regent Street, London W1B 5TB