

## **Seven Seas Omega-3 Extra Strength**

## **Uses**

## **Dosage**

12 years and over: 1 capsule a day with a glass of water.

## Format and Ingredients

Capsule containing:

Vitamin D 10µg 200, Fish Oil 1250mg, DHA 250mg, providing Omega-3 Nutrients 750mg, of which EPA 375mg,

Category: Pack size: 30

Vitamins, Minerals and Nutritionals

Manufacturer:

PROCTER & GAMBLE HEALTH

**RRP:** £15.00

Legal Status: