



# Benylin Day & Night Tablets

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## Uses

For the relief of the symptoms associated with colds and flu.

## Dosage

12 years and over: Daytime: 1 white tablet to be taken every 4-6 hours during the day. No more than 3 white tablets a day. Do not take the night-time tablet during the day. Night-time: 1 blue tablet to be taken at night. Under 12 years: not recommended.

## Format and Ingredients

White, daytime tablet containing:  
Paracetamol 500mg, Pseudoephedrine Hydrochloride 60mg,  
Blue night-time film-coated tablet containing:Paracetamol  
500mg, Diphenhydramine Hydrochloride 25mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
KENVUE

**Pack size:** 16

**RRP:** £6.39

**Legal Status:** (P)