



## Nurofen Joint & Back Pain Relief Max Strength 10% Gel

### Uses

For relief of pain and inflammation associated with backache, rheumatic pain, muscular aches, pains or swellings such as sprains, strains and sports injuries.

### Dosage

Adults and the elderly: squeeze 2-5cm of gel (50-125mg ibuprofen) from the tube and lightly rub into the affected area until absorbed. Use up to 4 times daily with doses administered at least 4 hours apart. No more than 500mg ibuprofen in any 24-hour period. Under 12 years: not to be used, except on the advice of a doctor.

### Format and Ingredients

Gel containing:  
Ibuprofen 10% w/w,

**Category:**  
Analgesics

**Manufacturer:**  
RECKITT

**Pack size:** 40g

**RRP:** £6.99

**Legal Status:** (GSL)