Red Kooga Korean Ginseng with Multivitamins & Minerals

Uses

Dosage

Adults and children over 12: 1 tablet a day, swallowed whole with a drink.

Format and Ingredients

Tablet containing:
Vitamin A 800µg 100, Vitamin D 5µg 100, Vitamin E 10mg 83, Vitamin C 60mg 75, Thiamine (Vitamin B1) 1.4mg 127, Riboflavin (Vitamin B2) 1.6mg 114, Niacin 18mg 113, Vitamin B6 2mg 143, Folic Acid 200µg 100, Vitamin B12 1µg 40, Pantothenic Acid 6mg 100, Calcium 140mg 18, Phosphorus 110mg 16, Iron 14mg 100, Zinc 15mg 150, Iodine 150µg 100, Copper 500µg 50, Manganese 1mg 50, Selenium 50µg 91, Korean Ginseng Root Extract 37.5mg, Ginseng Root Powder 300mg,

Category:
Food supplements

Manufacturer:
SOHO FLORDIS UK LTD

Pack size: 32

RRP: £3.99

Legal Status:

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