

# Day & Night Nurse Capsules



**Category**  
Cough, Colds and Sore  
Throat  
**Manufacturer**  
HALEON PLC  
**Pack size**  
24 capsules (18 day-time,  
6 night-time)  
**RRP**  
£8.49  
**Legal Status**  
(P)



## Uses

Symptomatic relief of colds, chills and influenza at night.



## Format and Ingredients

Day-time - orange and yellow capsule containing:

Paracetamol 500mg, Pseudoephedrine Hydrochloride 30mg,  
Pholcodine 5mg, Night-time - green and white capsule  
containing:Paracetamol 500mg, Promethazine hydrochloride  
10mg, Dextromethorphan hydrobromide 7.5mg,



## Dosage

Over 16 years: Daytime: 2 capsules every 4 hours up to a  
maximum of 3 doses in any 24 hour period. Minimum dosing  
interval 4 hours. Night-time: 2 capsules just before bedtime.  
Only one dose should be taken at night. Not to be used for  
longer than 3 days except on medical advice. Under 16 years:  
not to be given.