



## Travel Calm Tablets

### Uses

For the prevention and relief of travel sickness.

### Dosage

Children 3 to 7 years: Quarter of a tablet. Children 7 to 12 years: Half a tablet. Adults and children over 12 years: One tablet. Not to be taken by children under 3 years. Elderly: The normal adult dose is still appropriate in the elderly. The dose should be taken 20 minutes before the journey and may be repeated in 6-8 hours if necessary. Not more than three doses to be taken in 24 hours.

### Format and Ingredients

Tablet containing:  
Hyoscine Hydrobromide 300mg,

**Category:**  
Sleep and Travel

**Manufacturer:**  
BOOTS THE CHEMISTS

**Pack size:** 12

**RRP:**

**Legal Status:** (P)