


# Wellman Multi-Vitamin Gummies

## Uses

## Dosage

Adults: chew 3 gummies per day with a main meal.

## Format and Ingredients

Per 3 gummies:
Siberian Ginseng Extract equivalent to 20mg, CoEnzyme Q10 2mg, Citrus Bioflavonoids 5mg, Beta-carotene 1mg, Vitamin A (1333 IU) 400µg RE 50, Vitamin D (as D3 400 IU) 10µg 200, Vitamin E 22mg ?-TE 183, Vitamin C 60mg 75, Thiamine (Vitamin B1) 1.1mg 100, Riboflavin (Vitamin B2) 1.4mg 100, Niacin (Vitamin B3) 16mg NE 100, Vitamin B6 1.4mg 100, Folic Acid 200µg 100, Vitamin B12 10µg 400, Biotin 50µg 100, Pantothenic Acid 6mg 100, Iron 2.5mg 18, Zinc 2.5mg 25, Copper 250µg 25, Selenium 55µg 100, Chromium 40µg 100, Iodine 50µg 33,

**Category:**
Food supplements

**Manufacturer:**
VITABIOTICS LTD

**Pack size:** 60

**RRP:** £15.95

**Legal Status:**

A division of GROUPE EUROCOM
PAGB
Communications International Group

Communications International Group Ltd 2026,
Linen Hall, 162-168 Regent Street, London W1B 5TB

Product data © Communications International Group