



Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Gelatine Free High Strength Capsules

Uses

Dosage

Over 12 years: 1 capsule a day with a glass of cold water.

Format and Ingredients

Capsule containing:
Cod Liver Oil 266mg, Fish Oil Concentrate 263mg, Omega-3 Nutrients 193mg, of which EPA 92mg, DHA 68mg, Vitamin D 10mg 200, Vitamin E 10mg ?-TE 83,

Category:
Vitamins, Minerals and Nutritionals

Manufacturer:
PROCTER & GAMBLE HEALTH

Pack size: 60, 120

RRP: £8.00, £12.00

Legal Status: ,