



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Alka-Seltzer XS

### Uses

Relief of general pain including migraine, headache, period pains, toothache, sore throats, neuralgia, lumbago, sciatica, rheumatic and muscular aches and pains, fibrositis, and symptoms of colds and flu such as feverishness.

### Dosage

16 years and over: 2 tablets in water every 4 hours as required. Maximum 8 tablets in 24 hours. Not to be used for more than three days except on medical advice.  
Under 16 years: not recommended.

### Format and Ingredients

Effervescent tablet containing:  
Aspirin (acetylsalicylic acid) 267mg, Paracetamol 133mg, Caffeine 40mg,

**Category:**  
Analgesics

**Manufacturer:**  
BAYER PLC

**Pack size:** 20

**RRP:** £5.29

**Legal Status:** (GSL)