



Direct To Skin Heat Patch

Uses

Provides pain relief from muscular aches and pains of the back and shoulder.

Dosage

For external use only. Over 12 years: ensure skin is dry and clean. Open the sachet by hand (do not cut) and remove the heat patch. Peel away the protective film from the back of the patch and apply adhesive side to the skin over the painful area. The heat patch warms up gradually and reaches maximum heat within approximately 30 minutes. The heat patch is air activated - do not open the sachet until ready to use it. Allow air to circulate over the patch and do not apply pressure. On flexible joints, use adhesive dressing tape to hold the patch in place along the edges but do not apply pressure by taping over the heat patch. Do not use for more than 8 hours in a 24-hour period. Use on back and shoulders only. Do not use while sleeping.

Format and Ingredients

Drug-free pain relief

Category:
Analgesics

Manufacturer:
BOOTS THE CHEMISTS

Pack size: 4 patches

RRP:

Legal Status: