

Rhodiola Ashwagandha Capsules



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
SKY PREMIUM LIFE
Pack size
60
RRP
£11.99
Legal Status



Uses



Format and Ingredients and %NRV

Tablet containing:

Rhodiola Rosea (3% Rosavins & 1% Salidroside) 100mg,
Ashwagandha Root Extract (std. 5% withanolides, Withania
somnifera (L.) Dunal) 50mg, Niacin (vitamin B3) 16mg NE
100, Vitamin B2 (riboflavin) 1.4mg 100, Vitamin B1 (thiamine)
1.1mg 100, Vitamin B6 (pyridoxine hydrochloride) 25mg
1786, Pantothenic Acid 25mg 417, Magnesium 100mg 27,
Vitamin C (ascorbic acid) 80mg 100, Zinc Gluconate 10mg
100,



Dosage

Adults: 1-2 capsules daily after meal.