

Premium Female Tablets



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
SKY PREMIUM LIFE
Pack size
60
RRP
£6.99
Legal Status



Uses



Format and Ingredients and %NRV

Tablet containing:

Vitamin A 800mcg RE 100, Vitamin D3 (cholecalciferol) 10mcg 200, Vitamin E 12.06mg 101, Thiamine Hydrochloride 1.6mg 145, Riboflavin (vitamin B2) 2.1mg 150, Niacin (vitamin B3) 20mg NE 125, Vitamin B6 (pyridoxine hydrochloride) 3mg 214, Vitamin C (ascorbic acid) 80mg 100, Vitamin B12 (cyanocobalamine) 2mcg 80, Pantothenic Acid 7.5mg 125, Folic Acid 200mcg 100, Vitamin K 30mcg 40, Biotin 62mcg 124, Molybdenum 50mcg 100, Chromium 40mcg 100, Manganese 2mg 100, Copper 500mcg 50, Zinc citrate 10mg 100, Iron 4.2mg 30, Selenium 55mcg 100, Iodine 150mcg 100, L-Methionine 20mg, L-Cysteine 20mg,



Dosage

Adult women: 1 tablet daily after a meal.