

Seven Seas Omega-3 & Immunity



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
30 + 30
RRP
£17.00
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil 1000mg, Omega-3 Nutrients 300mg, DHA 100mg,
Tablet containing: Vitamin D 25µg 500, Vitamin C 250mg 313,
Zinc 10mg 100, Selenium 100µg 182, Copper 1000µg 100,
Ginger Root Extract 34.25mg, Turmeric extract (Curcuma
Longa L.) 10mg, equivalent to root (50:1) 500mg, Citrus
Bioflavonoids 25mg, of which EPA 160mg,



Dosage

12 years and over: 1 tablet and 1 capsule a day with a glass
of cold water.