Pregnacare Before Conception

Category

Vitamins, Minerals and Nutritionals

Manufacturer

VITABIOTICS LTD

Pack size

30

RRP

£11.95

Legal Status

Uses

Format and Ingredients and %NRV

Tablet containing:

Inositol 50mg, N-Acetyl Cysteine 50mg, Beta-carotene (natural source) 3mg, CoEnzyme Q10 20mg, Vitamin D (as D3 800 IU) 20µg 400, Vitamin E (natural source) 4mg ?-TE 33, Vitamin C 90mg 113, Thiamine (vitamin B1) 8mg 727, Riboflavin (vitamin B2) 5mg 357, Niacin (vitamin B3) 20mg NE 125, Vitamin B6 10mg 714, Folic Acid 400µg 200, Vitamin B12 20µg 800, Biotin 150µg 300, Pantothenic Acid 6mg 100, Iron 14mg 100, Magnesium 60mg 16, Zinc 15mg 150, Iodine 150µg 100, Selenium 50µg 91, Copper 1000µg 100,

Dosage

Adults: 1 tablet per day with a main meal.

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