

Seven Seas Jointcare Complete



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
30, 60
RRP
£20.00, £30.00
Legal Status
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Uses



Format and Ingredients and %NRV

Contents of 2 capsules:

Vitamin D 10µg 200, Vitamin E 3mg ?-TE 25, Vitamin K 40µg 53, Vitamin C 40mg 50, Calcium 200mg 25, Copper 0.5mg 50, Cod Liver Oil, and Fish Oil 950mg, providing Omega-3 Nutrients 376mg, of which EPA 174mg, DHA 138mg, Glucosamine Sulphate 2KCl 674mg, Chondroitin Sulphate 90mg,



Dosage

12 years and over: 2 capsules a day with a glass of cold water.