

Seven Seas Omega-3 & Turmeric



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
30 + 30
RRP
£19.99
Legal Status



Uses



Format and Ingredients and %NRV

Tablet containing:

Vitamin D 10µg 200, Vitamin E 2mg α -TE 17, Fish Oil 500mg, providing Omega-3 Nutrients 300mg, DHA 100mg, Tablet containing:Turmeric extract (Curcuma Longa L.) 85mg, equivalent to root (50:1), of which EPA 150mg,



Dosage

Over 12 years: 1 tablet and 1 capsule daily with a glass of cold water.