



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Lemsip Max Day & Night Cold & Flu Relief Capsules

### Uses

For the relief of symptoms associated with the common cold and influenza. Including relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature. Night capsules also provide relief from symptoms associated with nasal congestion to help allow sleep through relief of nasal congestion.

### Dosage

16 years and over: two Day capsules every 4 hours. Do not exceed 6 Day capsules (3 doses) during the day. Two Night capsules to be taken at night. Do not exceed 8 capsules in 24 hours. Under 16 years: not to be given.

### Format and Ingredients

Day: red/yellow hard gelatine capsule containing: Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg, Night: red/blue hard gelatine capsule containing: Paracetamol 500mg, Phenylephrine Hydrochloride 6.1mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
RECKITT

**Pack size:** 16

**RRP:** £6.19

**Legal Status:** (GSL)

