



## Nicorette Nasal Spray

### Uses

For the relief of nicotine withdrawal symptoms as an aid to smoking cessation. Also indicated in pregnant and lactating women making a quit attempt.

### Dosage

Over 18 years: The patients should make every effort to stop smoking completely during treatment with Nicolette Nasal Spray. The frequency of use depends on the previous smoking habit of the individual and the level of their nicotine dependence. On commencing treatment, the patient uses the spray to treat craving as required, subject to a limit of one spray to each nostril twice an hour. The daily limit of use is 32mg of nicotine (64 sprays) which is the equivalent of two sprays to each nostril every hour for 16 hours. Use should be restricted to 3 months. For the first 8 weeks as required to a maximum of one spray into each nostril twice an hour for 16 hours per day. For the subsequent 2 weeks, reduce usage by half. Final 2 weeks, reduce usage to zero. Adults who use NRT beyond 9 months should seek advice from a healthcare professional. Adolescents (12 to 18 years): As adult dosage, but therapy should not exceed 12 weeks without consulting a healthcare professional.

### Format and Ingredients

Metered spray bottle with solution containing in 10ml:  
Nicotine 10mg,

**Category:**  
Smoking Cessation

**Manufacturer:**

**Pack size:** 10ml

**RRP:** £31.42