

## Deep Heat Muscle Rescue Heat Spray

## **Uses**

Provides targeted, warming relief to ease and soothe tight, tense muscles. Can also be used before and after exercise.

## **Dosage**

Adults and children 12 years and over: shake well, hold the can 15cm from the skin and spray onto the desired area in 2-3 short bursts. Use as required. People experience warmth differently: apply sparingly on first application, reapplying after 15 minutes if a stronger effect is desired. Under 12 years: not recommended.

## Format and Ingredients

Warming spray

Category: Analgesics

Manufacturer:

THE MENTHOLATUM COMPANY

LTD

Pack size: 72.5ml

RRP: £5.99

Legal Status: