

# Arnica Massage Balm Cutaneous (Skin) Oil



**Category**  
Analgesics  
**Manufacturer**  
WELEDA UK LTD  
**Pack size**  
50ml, 100ml, 200ml  
**RRP**  
£10.95, £17.50, £23.95  
**Legal Status**  
(THR), (THR), (THR)



## Uses

A traditional herbal medicinal product for the symptomatic relief of rheumatic pain, muscular pain and stiffness, backache, fibrositis, bruising, cramp, sprains and minor sports injuries, based on traditional use only.



## Format and Ingredients

Liquid containing in 1g:  
  
520 mg of a combined liquid extract from Arnica montana L., flos (equivalent to 24 mg Arnica flower) and, Betula pendula Roth and/or Betula pubescens Ehrh, folium, as well as hybrids of both species (equivalent to 24 mg Birch leaf),



## Dosage

Adults, the elderly and children over 12 years: apply sparingly to the affected area with gentle massage 3-4 times daily.