

Avomine 25mg Tablets



Category

Sleep and Travel

Manufacturer

MANX HEALTHCARE LTD

Pack size

10, 28

RRP

£2.78, £7.58

Legal Status

(P), (P)



Uses

Prevention and relief of travel sickness and general nausea and vomiting. Also for vertigo due to Meniere’s syndrome, labyrinthitis and other causes.



Format and Ingredients

Tablet containing:

Promethazine Teoclate 25mg,



Dosage

Adults: Prevention of travel sickness on long journeys: 1 tablet to be taken each night at bedtime starting the night before travel. Prevention of travel sickness on short journeys: 1 tablet to be taken 1 or 2 hours before travel. Treatment of travel sickness: 1 tablet as soon as sickness is felt, followed by a second tablet the same evening. A third tablet may be taken the next evening. Nausea and vomiting due to other causes: 1 tablet at night is often sufficient, but can be taken 2 or 3 times daily if required. Maximum 4 tablets in 24 hours. Children over 10 years: the lower adult dose. Children 5-10 years: half the adult dose (half a tablet) at the same time as for adults. Under 5 years: not recommended.