

Pharmaton Advance Direct Multivitamins and Minerals - Cranberry Flavour



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
OPELLA HEALTHCARE
Pack size
18
RRP
£13.49
Legal Status



Uses



Format and Ingredients and %NRV

Cranberry-flavoured melting powder stick containing:

Vitamin B1 (thiamine) 1.1mg 100, Vitamin B2 (riboflavin) 1.4mg 100, Pantothenic Acid 6mg 100, Vitamin B6 1.4mg 100, Biotin 50µg 100, Folic Acid 200µg 100, Vitamin B12 2.5µg 100, Vitamin C 80mg 100, Vitamin E 12mg ?-TE 100, Calcium 240µg 30, Magnesium 350µg 93, Iron 7mg 50, Zinc 5mg 50,



Dosage

18 years old and over: 1 stick per day dissolved on the tongue, no water needed. Not suitable for pregnant or breastfeeding women.