

Seven Seas Jointcare Supplex & Turmeric



Category
Vitamins, Minerals and
Nutritionals
Manufacturer
PROCTER & GAMBLE
HEALTH
Pack size
30 capsules + 30 tablets
RRP
£20.00
Legal Status



Uses



Format and Ingredients and %NRV

Capsule containing;

Vitamin D 5µg 100, Vitamin C 30mg 37.5, Manganese 0.3mg 15, Fish Oil 307mg, Omega-3 Nutrients 178mg, EPA 156mg, Glucosamine Sulphate 2KCl 240mg, Turmeric extract (Curcuma Longa L.) 85mg, Tablet containing:



Dosage

Adults: 1 capsule and 1 tablet a day with a glass of cold water.