Berocca Immuno Effervescent Tablets

Uses

Dosage

12 years and over: 1 tablet a day dissolved in a glass of water. Do not exceed the recommended daily dose of 1 tablet. Not suitable for people with iron absorption or kidney problems, or for pregnant or breastfeeding women.

Format and Ingredients

Per effervescent tablet:
Vitamin C 1000mg 1250, Vitamin A 700µg RE 87.5, Vitamin D 10µg 200, Vitamin E 45mg ?-TE 375, Vitamin B6 6.5mg 464, Vitamin B12 9.6µg 384, Folic Acid (vitamin B9) 400µg 200, Zinc 10mg 100, Iron 5mg 36, Copper 0.9mg 90, Selenium 110µg 200,

Category:
Food supplements

Manufacturer:
BAYER PLC

Pack size: 15, 30

RRP: £8.99, £15.59

Legal Status: ,

A division of GROUPE EUROCOM
PAGB
Communications International Group

Product data © Communications International Group

Communications International Group Ltd 2026,
Linen Hall, 162-168 Regent Street, London W1B 5TB