



## Fybogel FibreChews

### Uses

Gently helps to relieve constipation and maintain regularity. Beneficial effects are connected with regular use.

### Dosage

Adults and children over 12 years: 3 tablets in the morning and 3 tablets in the evening (total of 6 tablets a day maximum). Tablets should be chewed or allowed to dissolve in the mouth before swallowing. Water or other drinks (e.g. fruit juice) may be drunk after taking the tablets.

### Format and Ingredients

Tablet containing:  
Fibersol-2 soluble fibre,

**Category:**  
Antacids and Gastrointestinal

**Manufacturer:**  
RECKITT

**Pack size:** 30, 60

**RRP:** £9.99, £15.99

**Legal Status:** (GSL), (GSL)