



Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



Lemsip Max Day & Night Cold & Flu Relief Capsules

Uses

For the relief of symptoms of colds and flu, including relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature.

Dosage

16 years and over: 2 Day capsules every 4 hours. Do not exceed 6 Day capsules (3 doses) during the day. 2 Night capsules to be taken at night if needed. Do not exceed 8 capsules in total in 24 hours. Under 16 years: not suitable.

Format and Ingredients

Day capsule containing: Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg, Night capsule containing: Paracetamol 500mg, Phenylephrine Hydrochloride 6.1mg,

Category:
Cough, Colds and Sore Throat

Manufacturer:
RECKITT

Pack size: 16

RRP: £6.19

Legal Status: (GSL)