



# CanesMeno Multi Support

## Uses

Designed to address the specific nutritional needs of menopausal women. Vitamin B6 supports hormonal regulation. Iron and zinc support normal cognitive function. Vitamin B5 supports normal mental performance. Vitamins B12 and C contribute to normal energy release. Vitamin D and manganese help to maintain strong bones. Vitamin A, vitamin B2 and zinc contribute to normal skin health.

## Dosage

Adults: 1 tablet daily with water. Not suitable for people with food allergies, a history of breast cancer, endometrial cancer or thyroid disorders. Not suitable during pregnancy or breastfeeding. Those taking any medication or other food supplement or who have any medical condition should consult a healthcare professional before taking this product.

## Format and Ingredients

Tablet containing:

Red Clover (*Trifolium Pratense*) Extract 200mg, providing Isoflavones 80mg, Vitamin B1 1.4mg 127, Vitamin B2 1.6mg 114, Niacin (vitamin B3) 18mg NE 113, Pantothenic Acid (vitamin B5) 10mg 167, Vitamin B6 2mg 143, Biotin (vitamin B7) 150µg 300, Folic Acid (vitamin B9) 200µg 100, Vitamin B12 1µg 40, Vitamin C 60mg 75, Vitamin A 333µg RE 42, Vitamin D 5µg 100, Vitamin E 10mg ?-TE 83, Calcium 100mg 13, Copper 1mg 100, Iron 10mg 71, Magnesium 40mg 11, Manganese 2.5mg 125, Zinc 1.5mg 15, Selenium 50µg 91,

**Category:**  
Female Health and Genitourinary,  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
BAYER PLC

**Pack size:** 30

**RRP:** £26.99

**Legal Status:**