



Rescue Peaceful Night Capsules

Uses

Dosage

Over 12 years: 1 capsule before bedtime.

Format and Ingredients

Capsule containing:
Ashwagandha Root Extract 50mg, equivalent to
Ashwagandha Root 600mg, Lemon Balm leaf extract 15mg,
equivalent to Lemon Balm leaves 45mg, Chamomile flower
extract 50mg, equivalent to Chamomile flowers 200mg,
Magnesium 56.5mg 15, Vitamin B6 1.4mg 100, Rescue night
flower essences,

Category:
Vitamins, Minerals and Nutritional,
Sleep and Travel

Manufacturer:
A NELSON & CO LTD

Pack size: 30

RRP: £18.99

Legal Status: