

## Seven Seas Omega-3 Extra Strength

## Uses

## Dosage

12 years and over: 1 capsule a day with a glass of water.

## **Format and Ingredients**

Capsule containing: Vitamin D 10µg 200, Fish Oil 1250mg, DHA 250mg, providing Omega-3 Nutrients 750mg, of which EPA 375mg,

**Category:** Vitamins, Minerals and Nutritionals

Manufacturer: PROCTER & GAMBLE HEALTH Pack size: 30

**RRP:** £15.00

Legal Status: