



## Lemsip Max Honey & Ginger

### Uses

For the relief of the symptoms of colds and flu, including aches and pains, sore throat, headache, nasal congestion and lowering of temperature. Not suitable for children under 16 years.

### Dosage

Adults, the elderly and children 16 years and over: 1 sachet dissolved in hot water and sweetened to taste. Dose may be repeated in 4-6 hours as required. No more than 4 sachets in 24 hours. Under 16: not suitable.

### Format and Ingredients

Powder for oral solution containing:  
Paracetamol 1000mg, Phenylephrine Hydrochloride 12.2mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
RECKITT

**Pack size:** 10

**RRP:** £5.99

**Legal Status:** (GSL)