



# Benylin Cold & Flu Max Strength Capsules

## Uses

For the relief of symptoms associated with the common cold and flu, including aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature.

## Dosage

16 years and over: 2 capsules to be swallowed whole with water every 4-6 hours, up to a maximum of 8 capsules in 24 hours. Under 16 years: not suitable.

## Format and Ingredients

Capsule containing:  
Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg,

**Category:**  
Cough, Colds and Sore Throat

**Pack size:** 16

**Manufacturer:**  
KENVUE

**RRP:** £5.29

**Legal Status:** (GSL)